



"Healing our politics"

5600%

83%

81%

75%

50%

230%



ST. BERNARDS AUDITORIUM

560 83 75 50 23





Mental Health

"The state of being aligned,
connected, and safe with self, others,
and environment."



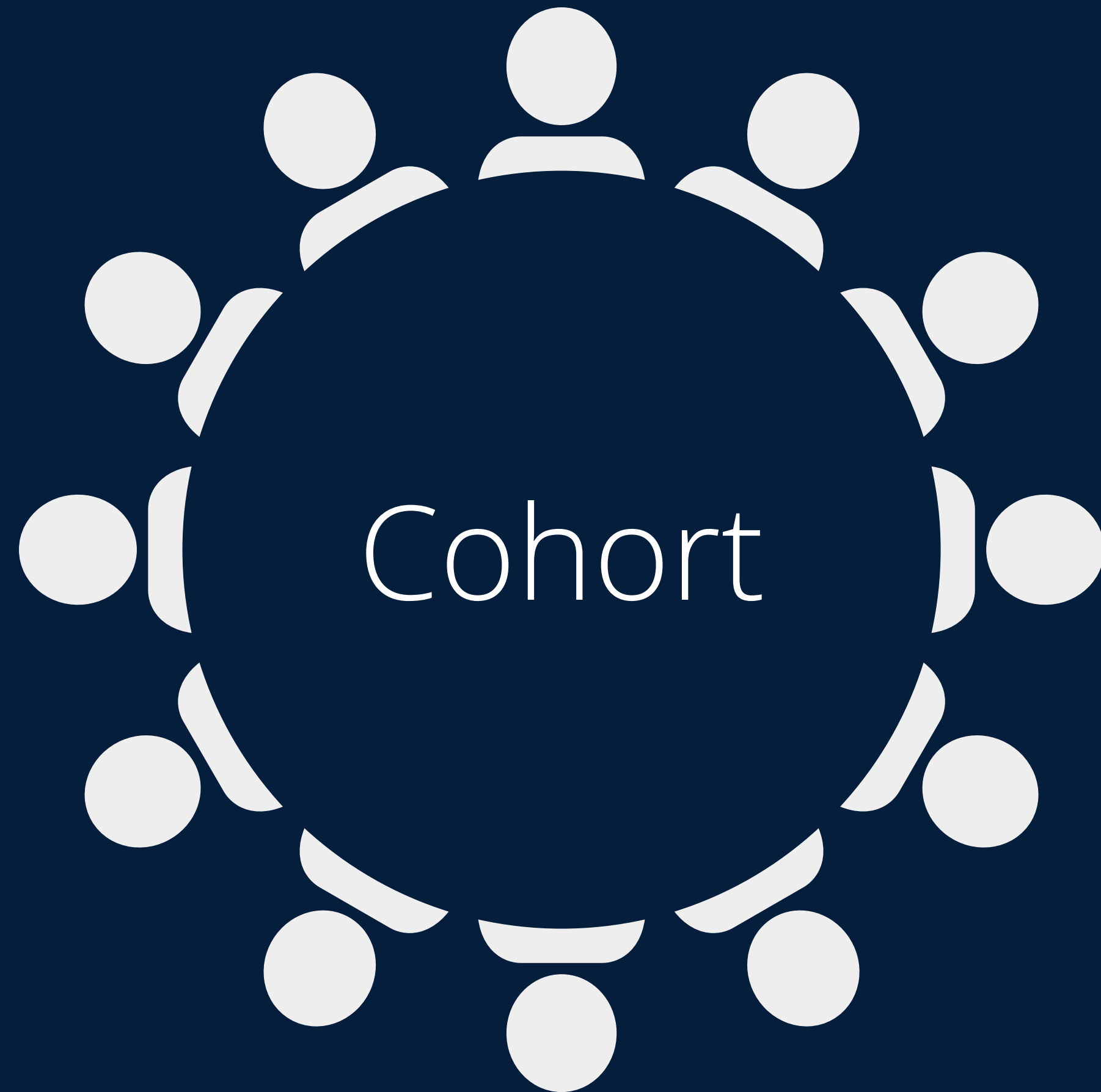


The challenge is not in the way.

The challenge IS the way.



It is time to train.



After 6-Months of Training

**Increased
alignment to
North Star**

100%

60% **S**

**Decreased symptoms
of mental health
challenges**

100%

80% **S**

Better human

20% **10**

40% **9**

20% **8**

20% **7**

**Decreased
Reactiveness**

100%

60% **S**

**Relationship w/
colleagues**

100%

60% **S**

Better leader

40% **10**

40% **9**

20% **7**

"The state of being aligned,
connected, and safe with self, others,
and environment."





Special

a little gift to community

Elected Officials Mental Health & Well-Being Retreat

Where

Marble Lodge
on Beaver Lake

When

Thursday, March 30th, 11 am
Friday, March, 31st, 6 pm
(Optional) Saturday ski day in Snowmass
and/or FREE lodging in Marble

How Much

\$825/person
or less based on
attendance...

Cost Includes

Shared Lodging
Meals
Transformational Coaching
Workshops
Guided Hikes
Yoga/Stretch
Fire, Sauna, Hot Tub
Music / Dance

**Spot Must be reserved and paid by
Fri, Feb 10th**



Info@electedleaderscollective.com